

A person with long, curly hair, wearing a striped shirt and a skirt, is holding a large tray filled with green seedlings. The background shows a field of brown, rocky soil under a clear blue sky. The text 'PRIMAL GATHERING' is overlaid in large, white, outlined letters.

PRIMAL GATHERING

Leaving people and places better than how they were found

Inspiring a global movement of educational and regenerative gatherings all over the world



PRIMAL GATHERING

Primal Gathering is an environmentally, socially, and psychologically regenerative project empowering people with tools to be self-sustainable in their day-to-day lives through mindfulness, nutrition, communication, and reforestation practices. Leaving people and places better than how they were found.

Our Mission

To restore people, forests, and ecosystems all over the world. Through a replicable regenerative model centered around in-person gatherings.

Our Vision

To inspire a cultural shift towards holistic regeneration which starts with regenerating ourselves, our relationships, and the environment simultaneously.



Education
Nutrition

**Our events
are about**

Reforestation
Connection



What we've done



4 Primal Gatherings



Planting 2000 trees
in Odemira & Sao Teotino



Natural Built Herb
Gardens in Sintra



Natural Built Raised Beds
& Planted 800 vegetables
and Fruits in Ericiera

How We Work

We bring together landowners that would benefit from additional support with attendees hungry to learn more about regenerative practices and create a curriculum that supports both their needs.

During this educational gathering people simultaneously learn and practice holistic skills to integrate into their day-to-day lives whilst regenerating the land. These skills range from mindfulness, nutrition, communication practices all the way to permaculture, natural building and reforestation.

FIND LANDOWNER

We choose our landowners by their commitment to a regenerative lifestyle and the resources they have to ensure that the trees planted will be taken care of over time.

ORGANISE A PRE-DESIGN VISIT

We visit the location with our reforestation partners to design and plan which species of tree make sense to plant to foster biodiversity.

BUILD AN EDUCATIONAL PROGRAMME

After creating a reforestation plan we create a programme that incorporates mindfulness, communication and regeneration efforts to ensure we meet our target of planting 1000 trees

REFOREST THE LAND TOGETHER

We use our gathering as a context to bring people together to leave a lasting and visible impact on the land we are on.



**In the future
22/23**

Going Global

In 2022 Primal Gathering will be launching its global ambassador programme to incentivise local communities globally to replicate our regenerative gathering model

In 2022 we intend to plant 5000 trees across 3 gatherings. UK, New York USA and Alentejo Portugal = 125 tons of Carbon Dioxide Sequestered

in 2023 we intend to plant 10,000 trees in 6 locations = 250 tons of Carbon Dioxide Sequestered

In 2024 we intend to plant 20,000 trees in 10 locations = 500 tons of Carbon Dioxide Sequestered

In 2025 we intend to plant 50,000 trees in 20 locations = 1250 tons of Carbon Dioxide Sequestered

By first refining our offering in Portugal, we can grow and expand our regenerative efforts globally and sequester much larger amounts of carbon.

Thank you

At Primal Gathering we are optimistic about creating a regenerative world in both mindset and practice. We believe change is possible.

We hope you love what we are doing and see that by joining forces we can create a real impactful and measurable change together.

If you have any questions, please do not hesitate to contact us at:

annamaria@primalcreaturebeings.com

[@primalgathering](https://www.instagram.com/primalgathering)
[primalgathering.co](https://www.primalgathering.co)

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"Someone is sitting in the shade today
because someone planted a tree a long
time ago"