



Artist biography:

Ana Maria Guta (Podaru) was born in Onesti, Bacau, Romania, on January 20, 1990, shortly after the fall of communism and lives in Constanta, Romania. She spent her childhood in the countryside with her adoptive grandparents, who gave her a lot of unconditional love and the freedom to explore nature and to establish authentic relationships with the environment she came in contact with. She seeks solitude, inner peace and comprehension that have been found in nature.

She studies natural sciences at the "Vasile Alecsandri National College", Bacau, Romania, and then she goes to Iasi to study journalism and mass communication at "Alexandru Ioan Cuza University". After two years of journalism, Ana renounced at university because she can not express herself as she would have liked and does not want to be part of a world where there seems to be less ethical values and truth.

"I remember wanting to be more when I was little, but the first word I said to the curious people who asked me this question was painter. Then came the nun, the skater, the doctor (but I was afraid of blood), the journalist and the gymnast.", says Ana.

As a teenager, Ana Maria, works in different fields, learns new skills, where she seeks to be able to express herself through creativity and to serve human interests. After giving up a career in a fine jewellery multinational, in 2019 she decides that she needs to express herself doing what she loves the most, what her soul loves, try to express what she feels, thinks and tell her own truth.

Thus, she pursues her childhood desire to be a painter and also a holistic energy therapist, which can be interpreted as a meeting between a nun and a doctor. The paths of destiny are mysterious. Ana wants to contribute to changing the world for the better, to inspire and give love, courage and hope through her art and to give compassion and help through holistic energy therapy as many people as possible. In the field of the art, Ana Maria Guta is a self-taught artist. As an emerging artist, Ana seeks to explore more about Universe, consciousness, divinity, life journey and energy around and inside us. The visions, dreams and feelings are transposed in a very expressive way that shares the emotion energy of that unique present moment creation to the viewer, to send him into another world, without any kind of

limitations. She loves to analyze the hidden parts of our identities, through an immersive experience inside the universe of the complex labyrinths of our consciousness. The influences found in her art are from abstract art, nature, spirituality, the Universe, works by Vincent van Gogh, science, abstract expressionism, conceptual art and contemporary art.

Artist statement:

As an artist I seek to explore more about the nature of Universe, consciousness, divinity , life journey and energy around and inside us. I admit that our universe is crossed by invisible flows and currents which are found and influence the artworks of each artist. I am mesmerized about the subtle things,

which are not things, thoughts, emotions or sensations, the nature of our reality and our interpretations of it due to many labels that impose different perceptions, behaviours and ways of being.

I have developed my painting technique following the lines of abstract suggestion. It is required that the viewer comes with the contemplation, feeling and interpretation. I usually prefer using acrylic on canvas as a medium and material. The green color is present almost in every painting because, for me, it is about life force, rebirth, aliveness and finding my inner self. Art is divine, it is love, peace, stillness, balance, harmony, joyfulness, it makes me whole and a much more spiritual being. The focus of my work is the colors, shapes and structures, which I want to integrate in a certain harmony in order not to imitate, dictate, compare, repeat, model or compensate.

My paintings speaks not only for me, but for people who are in a deep process of transformation and who are seeking to find life again.

Collective Expositions:

2022 " Choreography of artists " Exhibition - National Theater " I. L. Caragiale " Bucharest, Romania, 15.01. – 10.02.2022

2022 “ Generation P3 ” Exhibition – Green Hill Gallery, Berlin, Germany, 14.01.- 05.03.2022

2021 "Compassionate Women: Kindness in Action - 3D virtual exhibition "
<https://artspaces.kunstmatrix.com/.../compassionate-women...> Islamabad, Pakistan

2021 " Magic December " Occidentului Gallery Exhibition Bucharest, Romania

2021 COP26: Together For Our Planet - Occhi Contemporary Art
<https://www.occhicontemporary.art/cop26artistanamariaguta> New York and London, New York, United States

2021 Magic Balchik - History Museum Balchik, Bulgaria

2021 Portraits - The National Museum of Romanian Literature Bucharest, Romania

2021 Interwar Romania - Bragadiru Palace, Godot Theatre Bucharest, Romania

2021 " Speechless " <https://www.albeartgallery.com/speechless> Abu Dhabi, United Arab Emirates

2021 " Paintings with soul " (" Tablouri cu suflet ") 01-31.05.2021 Palace of Parliament (Palatul Parlamentului, Sala Constantin Brancusi), Bucharest, Romania

2021 " Infinity " The Holy Art <https://www.thehollyart.com/infinity-room-iii> London, United Kingdom

2021 " City " Art Room Gallery Online
http://www.artroomgalleryonline.com/current_exhibition.html Online, United States

2021 " Abstract " Art Room Gallery Online
http://www.artroomgalleryonline.com/current_exhibition.html Online, United States

2021 "ALL Women Artist" Contemporary Art Gallery Online
<https://www.smugmug.com/gallery/n-3BsQcB/> Wilmington, Delaware, United States

2021 " The heart " Art Therapy Institute of NC Online Exhibition
<https://artspaces.kunstmatrix.com/en/exhibition/4627320/2nd-friday-artwalk-the-heart>
Carrboro, North Carolina, United States

2021 " Landscapes " Art Room Gallery Online -
https://www.artroomgalleryonline.com/current_exhibition.html Online, United States

2021 "Abstract" Grey Cube Gallery - <https://greycubegallery.com/current-show/index.html>
Online, United States

2021 " Rebirth " The Holy Art - <https://www.theholyyart.com/rebirth-room-1> London, United Kingdom

2021 "Open" 2021 Show Colors of Humanity Art Gallery -
<https://www.colorsofhumanityartgallery.com/Open-2021/Open-2021-Show/n-TGps7F>
Online based in Everett, Pennsylvania, United States

2020 "Modern Art" Grey Cube Gallery - <https://greycubegallery.com/current-show/index.html> Online, United States

2020 "Painting & Photography" Art Room Gallery Online-
http://www.artroomgalleryonline.com/current_exhibition.html Online, United States

2020 " 6th Annual Colorful Abstractions Art Exhibition - International Online Juried Exhibition" Fusion Art -<https://www.fusionartps.com/6th-annual-colorful-abstractions-art-exhibition-december-2020/> Palm Springs, California, United States

Awards:

[2021 Special Award November 2021 ArtJobs.com](https://www.artjobs.com/op/artists/romania/43302/ana-maria-guta-0)
<https://www.artjobs.com/op/artists/romania/43302/ana-maria-guta-0> London, United Kingdom

[2021 " Artist of the month " May 2021 ArtJobs.com](https://www.artjobs.com/op/artist-of-the-month/2021) <https://www.artjobs.com/op/artist-of-the-month/2021> London, United Kingdom

[2021 Special recognition "Abstracts" Art Exhibition 2021 Light Space & Time Online Art Gallery](https://www.lightspacetime.art/abstracts-art-exhibition-2021-painting-other-media-category/)
<https://www.lightspacetime.art/abstracts-art-exhibition-2021-painting-other-media-category/> Palm Springs, California, United States

[2021 Honorable mention "Colors" Art Room Gallery](https://www.artroomgalleryonline.com/current_exhibition.html)
https://www.artroomgalleryonline.com/current_exhibition.html Online, United States

[2021 Winners " All painting/drawing" Art Exhibition & Competition Prospectus Contemporary Art Gallery Online](https://www.contemporaryartgalleryonline.gallery/2020-all-paintingsdrawing-winners-1) <https://www.contemporaryartgalleryonline.gallery/2020-all-paintingsdrawing-winners-1> Wilmington, Delaware, United States

[2021 HONORABLE MENTION 2nd «Solo Exhibition & Group Exhibition» Online Art Albe Art Gallery](https://www.albeartgallery.com/competitionresults)
<https://www.albeartgallery.com/competitionresults> Abu Dhabi, United Arab Emirates

[2021 Special recognition 10th Annual "All Women" Exhibition Light Space & Time Online Art Gallery](https://www.lightspacetime.art/all-women-art-exhibition-2021-painting-other-media/)
<https://www.lightspacetime.art/all-women-art-exhibition-2021-painting-other-media/> Palm Springs, California, United States

Publications & Press:

[2021 "The Purposeful Mayonnaise " a literary and art journal volume 1, issue 4 - december 2021/january 2022 London, Ontario, Canada](#)

[2021 September issue of Modern Renaissance - Culturally Arts Collective New York, New York, United States](#)

[2021 The winter/ spring Albe art Magazine Abu Dhabi, United Arab Emirates](#)

[2021 " The heart "Art Therapy Institute of NC Online Exhibition](https://static1.squarespace.com/static/59ba988db1ffb6108f536f99/t/604bd939263df33c6eee267d/1615583553594/Art+book+2nd+Friday+03122021REDUCEDSIZE.pdf)
<https://static1.squarespace.com/static/59ba988db1ffb6108f536f99/t/604bd939263df33c6eee267d/1615583553594/Art+book+2nd+Friday+03122021REDUCEDSIZE.pdf> Carborro, North Carolina, United States

[2021 " The new artist " Boomer Magazine London, United Kingdom](#)

Links:

<https://linktr.ee/ampsoulartbyAnaMariaPodaru>

<https://www.artmajeur.com/anamariaguta>

<https://www.instagram.com/amgsoulart/>

